

TRI-CAP's health, housing, and education services change lives, empower families, and improve communities.



Life's Stages

by Joyce Fleck, TRI-CAP Executive Director

TRI-CAP's health, housing, and education services change lives, empower families, and improve communities. This newsletter highlights our health, housing, and volunteer services offered to help clients at various stages of their lives.

Health clinic locations in Jasper and Evansville are available for men and women of reproductive age. The clinics are staffed with friendly and knowledgeable medical and administrative teams and are always welcoming new patients.

TRI-CAP housing developments include apartment options for seniors, workforce housing, and full size homes available for sale or rent.

All provide safe, clean, affordable housing for income-limited individuals and families. If you're looking for other household assistance with things like payment of your own mortgage, rent, utilities, etc., we have some limited donations and grant funds available for these items as well.

This issue's featured community partner is The Parenting Time Center in Evansville. The partnership is highly valued as it provides the ability to work more intensively with clients in our Evansville clinic site.

Our clients that are beyond their parenting years will find the opportunity to give back to their community through the TRI-CAP Retired and Senior Volunteer Program (RSVP). In 2020, despite the pandemic, RSVP volunteers logged nearly 25,000 hours of service! Learn more about the program and how to be part of it on page five of this newsletter.

TRI-CAP is here to help individuals through all of their life's stages and challenges. To refer someone that might need our assistance, learn more about our services, see how you can help, inquire about our employment opportunities, or learn how to make a tax-deductible contribution, please visit our website at www.tri-cap.net, or contact me directly: joyce@tri-cap.net; 812-482-2233.

Our Numbers Are Growing!



Retired and Senior Volunteer Program (RSVP)

April 1, 2020 - March 31, 2021 Volunteers: 223 at 17 volunteer stations with a total of 24,089 hours reported through March 31, 2021.

April 1, 2021 - March 31, 2022 Volunteers: 254 at 17 volunteer stations with a total of 4,257.25 hours reported through August 12, 2021.

Thank you to our RSVP volunteers who have been making social well-being calls to those that have recently been hospitalized or who are more at-risk for COVID. Many RSVP volunteers have been active since the beginning of COVID. These volunteers are greatly

CONTACT TRI-CAP

Dubois: 812-482-2233

Pike: 812-354-8721

Vanderburgh: 812-428-2189

Warrick: 812-897-0364

www.tri-cap.net

**Want to know what services
and programs
TRI-CAP has to offer?**

**Check out our programs
flyer on our website at:
www.tri-cap.net**

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COMMUNITY PARTNER SPOTLIGHT:



Parenting Time Center

101 NW Tenth Street - Evansville, IN 47708

812.759.1543 - www.parentingtimecenter.org

Q: What is your community partner name and contact information?

A: Parenting Time Center; Kathryn Kornblum-Zelle; 812-759-1543

Q: Please describe your involvement with TRI-CAP:

A: Parenting Time Center and TRI-CAP use each other for referral options for clients.

Q: How does TRI-CAP's mission fit your personal or business mission?

A: Our mission statement is similar to TRI-CAP's, because both of our objective is to help others. Parenting Time Center's mission statement is: to empower parents and children to create positive relationships in a safe and nurturing environment. TRI-CAP's mission statement is: TRI-CAP's health, housing, and education services change lives, empower families, and improve communities.

Q: How long have you been involved with TRI-CAP?

A: Parenting Time Center has been attending TRI-CAP group meetings for many years.

Q: What have you learned about TRI-CAP that you feel the rest of the community should know?

A: TRI-CAP offers a wide range of services that help people and change lives.

Q: If you had unlimited resources, what would be your wish for TRI-CAP?

A: If I had unlimited resources, my wish for TRI-CAP would be the ability to advertise their services more.

Q: Please explain how you see that TRI-CAP benefits our community.

A: I believe TRI-CAP benefits our community by providing important services for the women in the community.

TRI-CAP Family Planning Clinics

Open and Offering Safe Healthcare

By Nikki Lasher, Health, Family, & Community Partnerships Director

Our Family Planning Clinics are located in Jasper and Evansville. Services are provided on a sliding fee scale which means most of our clients pay little or nothing for their reproductive health needs. Though not required, we accept all forms of health insurance, and can also assist anyone that needs help enrolling in a health insurance plan.

Family Planning services include women's annual exams, birth control options (everything from natural family planning to IUDs and Implants), STD testing and treatment, clinical breast exams, education and referral services. We do not provide abortions. As a Title X clinic, teenage patients may be seen with or without parents, though we strongly encourage parental participation.

To schedule an appointment, please call:

Jasper Family Planning Clinic
607 Third Avenue
Jasper, IN 47546
812-482-2233

Evansville Family Planning Clinic
501 John Street, Suite 11
Evansville, IN 47713
812-428-2189



TRI-CAP Retired and Senior Volunteer Program (RSVP)

By Rachel Trabant, RSVP Coordinator

TRI-CAP's Retired and Senior Volunteer Program is dedicated to achieving community impact services that benefit the community and its needs. RSVP Volunteers enjoy the passion and purpose of the responsibility, experience increased self confidence and a greater satisfaction with life. Go ahead and call it enjoyable aging! Volunteering benefits people from all walks of life and encourages people to think of others. [Become an RSVP volunteer today!](#)

For more information, contact TRI-CAP's RSVP Coordinator, Rachel, at 812-482-2233 or Rachel@tri-cap.net.

RSVP volunteers accumulated nearly 25,000 hours from April 2020 to March 2021, when the pandemic was in full force and most activities were shut down.

thank you!

During this time, RSVP volunteers assisted those in need at food pantries, provided transportation, aided homebound residents, assisted with land conservation and stream remediation efforts, helped with trash removal, aided in military and veteran affairs, and completed sewing projects such as face masks, fidget blankets, and sleep sacks.

Upcoming TRI-CAP Retired & Senior Volunteer Motorcoach Trips:

Arizona / Nevada: Grand Canyon, Las Vegas, Hoover Dam:

Sept. 9 - 20, 2021 - Seats available

Massachusetts: Cape Cod, Martha's Vineyard: October 9 - 17, 2021 - Full

2022 TRI-CAP Retired & Senior Volunteer Motorcoach Trips:

U.S.A. / Canada: Niagara Falls, Toronto: June 26 - July 2, 2022

South Dakota / Wyoming: Yellowstone, Mount Rushmore, Badlands, Black Hills:

July 23 - August 3, 2022

Canada: Nova Scotia, Prince Edward Island, New Brunswick: August 19 - 31, 2022

Louisiana: New Orleans: May 30 - June 4, 2022

RSVP will have two more destination trips once dates are approved. Trips are listed at: www.GroupTrips.com/TRICAP.

Affordable Senior & Family Housing

By Tammy DeWitt, Housing Assistance Director



Located in Huntingburg, Indiana on historic Fourth Street, Stork Place Apartments offers 17 rental units to moderate income individuals over the age of 55. With support from the community and a Neighborhood Stabilization Grant, TRI-CAP renovated the vacant Stork Hospital in 2010 along with an additional five single family homes near downtown Huntingburg. Most are within walking distance to city government services and shopping. The homes and

apartments were updated for energy efficiency and equipped with modern conveniences.

The residences have impacted each block where they are located by providing high-quality homes where there was previously vacant or unsafe homes.

All homes include:

- Energy star appliances
- Insulation that meet all Department of Energy standards
- Laundry facilities
- High efficiency heating systems, geothermal heating, and cooling
- Dishwashers
- Water, sewer, and trash removal
- Off street parking
- Internet access available
- Cable ready
- Community room available for private parties and family events
- Public transportation available

Wagon Works Apartments

Wagon Works Apartments are located on North Washington Street in Huntingburg, Indiana. This community has much to offer its residents with a variety of amenities and features. Wagon Works are one bedroom or two bedroom apartments in a convenient location with affordable rent rates. The professional, on-site leasing team is excited to help you find your perfect new place!

Continued on next page

Each apartment includes the following amenities:

- Full size range
- Full size refrigerator
- Dishwasher
- Garbage disposal
- Energy star appliances
- Non-smoking campus
- Window coverings
- Water, sewer, and trash removal
- Pet friendly and a pet play area
- Connections for a full size washer/dryer
- Convenient on-site parking options



Wagon Works Apartments

For more information about Wagon Works Apartments, call 812-684-9800 or visit their website at <https://wagon-works.weebly.com/>. Income limits apply.

Thank you

United Way of Pike County!

TRI-CAP was awarded \$7,533 to assist Pike County households with utility, rent, and mortgage assistance during Covid-19 from United Way of Pike County.



SUCCESS
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I am so appreciative of TRI-CAP's Housing Counselor. I honestly don't know where I would be without their guidance in working with my mortgage lender to be able to keep my home when we were facing foreclosure. Whoever thought a virus would be so detrimental to the United States and shut everything down and cause so much disruption in so many lives.

TRI-CAP's counselor helped me understand the Forbearance process and I was able to receive a forbearance from my mortgage lender. This helped my family tremendously. Before the forbearance ended they also worked with me on the process of a loan modification on my mortgage. Again, thank you for your guidance and working with me and my lender to allow my family to keep our home!

~ written by a TRI-CAP client

The team at TRI-CAP have been helping people through life's challenges for the last 55 years. We've been celebrating in smaller ways throughout the year as much as we could safely do so. Earlier this summer when masks were not recommended for outdoor events and the threat of the ongoing pandemic was lower, we took the opportunity to thank all of our staff at a fun day of training at Holiday World.

TRI-CAP received the honor of recognition by the Governor of Indiana for successfully serving our community for over 50 years.

The dedicated team at TRI-CAP looks forward to serving our clients and community for another 55 years...and beyond!



STATE OF INDIANA

Half Century

AWARD

honoring the 50th anniversary of

TRI-CAP

Eric Holcomb

ERIC HOLCOMB GOVERNOR OF THE STATE OF INDIANA

Join Our Team

Employment opportunities are posted on our website at www.tri-cap.net and Facebook page. If you are interested in a current opening, please send your application to hr@tri-cap.net.



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